



# Communication Training

## MASTER EFFECTIVE COMMUNICATION SKILLS

This dynamic communication training program provides participants with the essential tools to communicate effectively with other people. The program focus is on practicing positive communication habits that propel participants along the path to career success and personal achievement.

How to receive and give effective feedback is highlighted. Participants learn the different components of communication including verbal, tone and non-verbal, and how to improve each component. Communication styles and how to create positive relationships with co-workers, business associates and customers are examined and performed during the training.

### EXPECTATIONS:

- Practice vital listening strategies that improve communication.
- Learn negotiation and conflict resolution skills for the workplace.
- Strengthen best practices of appreciation and respect.
- Communicate skillfully and confidently with other people.
- Understand and relate to different communication styles.
- Create mutual understanding in a clear and organized manner.
- Build trust and establish cooperation with others.
- Improve communication to establish a positive connection with co-workers and customers.

“Breakthrough Training offers the tools we need to consistently improve our communication strategies with each other. This has caused a more productive business life and more joyful personal life for our employees.” -Pam Peri, Vice President, Peri & Sons Farms

“Breakthrough teaches you how to communicate well with others in a way of understanding communication styles that you are talking to, not just your own. I gained a lot of knowledge through the practice and repetition.” -Jerry Hogan, Vice President, Clark Sullivan Construction

“The skills I learned aided in strengthening my department from the inside out, enhanced my overall communication and directly resulted in increased performance from my team.” -DeAndrea Ceccarelli, Manager, Community Services Agency

Contact Jeffrey for More Information:  
**(775) 337-1600**

“Action speaks louder than words,  
but not nearly as often.”

-Mark Twain



## Program Info

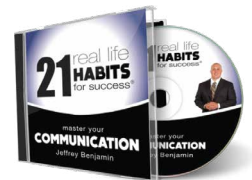
Available As:

- Half-day Training
- Full-day Training
- Multi-day Training

## Materials Included



Workbook

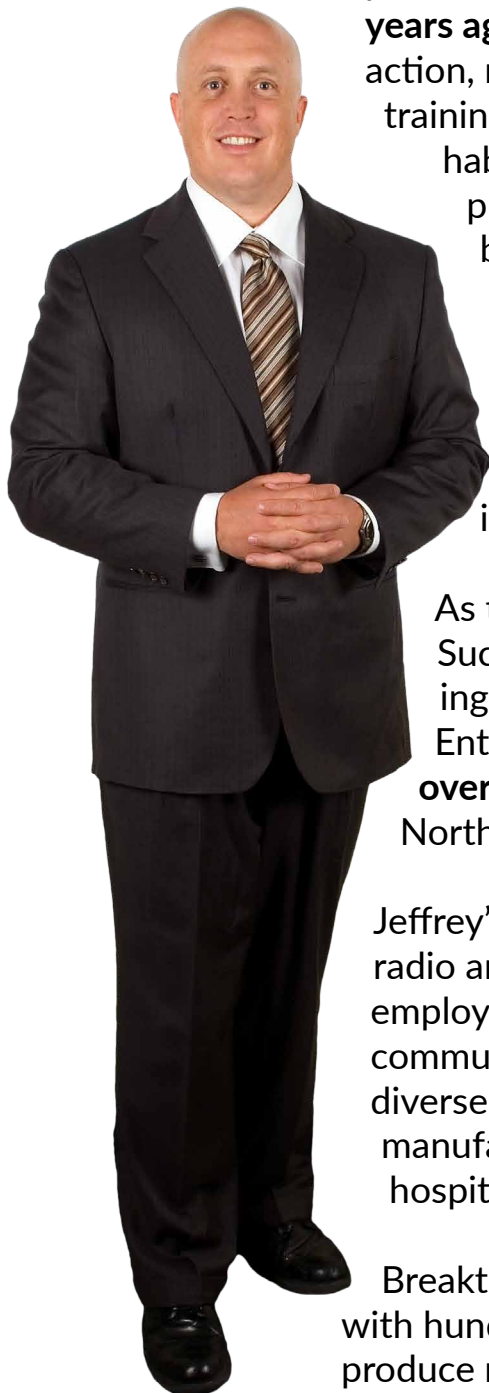


Audiobook





## **MEET JEFFREY BENJAMIN**



With over 3,000 presentations delivered Jeffrey Benjamin has a proven track record. Breakthrough Training™ was founded **29 years ago** in Reno, Nevada by Jeffrey Benjamin with a focus on action, not theory. That's why Breakthrough Training™ corporate training programs are centered on practicing the behaviors and habits that lead to more personal and organizational productivity. We don't use PowerPoint presentations or boring lectures. **We utilize audience participation to make the information impactful, relevant and engaging.**

Jeffrey's obsession with personal development started 30 years ago, and has led to creating a company that is focused on not just information, but application of information. **Action is the final element of success!**

As the co-author in the book series Real Life Habits for Success® and a contributing author in the book, The Sleeping Giant: The Awakening of the Self Employed Entrepreneur, **Jeffrey has had the privilege of delivering over 3,000 presentations** to audiences from Asia, Europe, North America, South America and the Middle East.

Jeffrey's habits for success have been featured on over 500 radio and television shows. Breakthrough Training™ is an employee leadership development, team building training and communication skills training company that has worked with diverse industry clients including construction, manufacturing, finance, healthcare, education, real estate, hospitality and non-profit.

Breakthrough Training™ has a proven track record working with hundreds of companies and tens of thousands of people to produce results. That's why we offer a **100% Money-Back Guarantee!**